

# Freshwater Marsh

A freshwater marsh is a special kind of natural area that is often filled with water and covered in plants. They help clean our water and protect us from floods. These wetlands are full of life! Frogs, turtles, fish, and birds live in wetlands because they provide food and shelter. Many migratory birds use them as resting places when they travel long distances. It's important to conserve them so we can continue to enjoy their beauty and benefits!

